

What is claimed is:

1. A handle that is equipped on a hand tool providing a secure grip and facilitating reduced stress on a user's hand, comprising

5 a recessed surface area on a side of the handle for receiving a thumb,  
a ridged surface area on a side opposing the recessed surface area, the ridged surface area providing at least a ridge that provides support for securing a finger, wherein  
both the recessed surface area and the ridged surface area are located at a distal end of the handle.

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2. The handle according to Claim 1, wherein the handle has a slight curvature that is convex as viewed from a top side of the handle.

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3. The handle according to Claim 2, wherein the handle has a slight curvature that complements the curvature of the palm of a hand.

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4. The handle according to Claim 1, wherein the ridged surface area comprises at least a pair of ridges, a first ridge separating a first recessed area for receiving a first finger and a second recessed area for receiving a second finger, and a second ridge separating the second recessed area from the remaining portion of the handle.

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5. The handle according to Claim 4, wherein the second ridge protrudes out from the side of the handle significantly so that there is a clear separation between the second finger and a third finger, wherein the second ridge adequately supports the forces of both the second finger and the third finger during use of the hand tool.

6. The handle according to Claim 1, wherein the recessed surface area for receiving the thumb receives the thumb as the thumb is aligned substantially parallel to the long axis of the handle.

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